

## DISTRESS PROCEDURE

If there is **GRAVE and IMMINENT DANGER** and **IMMEDIATE ASSISTANCE IS REQUIRED**

### What you must do:

- Check that the main battery is switched on
- Switch the VHF/ DSC on
- Open the cover to the **RED** distress button
- Press the **RED** button once
- If time select DISTRESS TYPE i.e. SINKING, FIRE etc.
- Press and hold the **RED** button down for until the alert is sent
- Wait for 15 seconds then PRESS THE TRANSMIT BUTTON on the microphone.
- Speaking SLOWLY and CLEARLY into the microphone say:

**MAYDAY, MAYDAY, MAYDAY.**

**THIS IS ....., ....., ..... CALL SIGN + MMSI**

**MAYDAY. THIS IS ....., CALL SIGN + MMSI**

**In POSITION .....(Latitude and Longitude or range and bearing)**

**I am .....(nature of distress; sinking, on fire etc)**

**I REQUIRE IMMEDIATE ASSISTANCE**

**Other important information .... pob's, liferaft,**

**OVER**

- Release the transmit button and wait for an acknowledgement.
- **KEEP LISTENING ON CHANNEL 16 FOR INSTRUCTIONS**
- **IF ACKNOWLEDGEMENT IS NOT RECEIVED REPEAT THE DISTRESS CALL AND MESSAGE**

### Weitere Infos:

<http://seefunk.net/seminar/>

Seefunkschule   
**Adlmanninger**